

AMENDED IN ASSEMBLY FEBRUARY 2, 2012

AMENDED IN ASSEMBLY JANUARY 31, 2012

CALIFORNIA LEGISLATURE—2011–12 REGULAR SESSION

Assembly Concurrent Resolution

No. 91

Introduced by Assembly Member Buchanan

(Coauthors: Assembly Members Achadjian, Alejo, Allen, Ammiano, Atkins, Beall, Bill Berryhill, Block, Blumenfield, Bonilla, Bradford, Brownley, Butler, Campos, Carter, Cedillo, Chesbro, Conway, Cook, Dickinson, Donnelly, Eng, Feuer, Fletcher, Fong, Fuentes, Furutani, Beth Gaines, Garrick, Gatto, Gordon, Grove, Hagman, Halderman, Hall, Harkey, Roger Hernández, Hill, Huber, Hueso, Huffman, Jeffries, Jones, Lara, Logue, Bonnie Lowenthal, Ma, Mansoor, Miller, Mitchell, Monning, Morrell, Nestande, Olsen, Pan, Perea, John A. Pérez, V. Manuel Pérez, Portantino, Silva, Skinner, Smyth, Swanson, Torres, Wagner, Wieckowski, and Yamada)

January 18, 2012

Assembly Concurrent Resolution No. 91—Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL'S DIGEST

ACR 91, as amended, Buchanan. American Heart Month and Wear Red Day.

This measure would recognize the month of February 2012 as American Heart Month in California and recognize February 3, 2012, as Wear Red Day in California.

Fiscal committee: no.

1 WHEREAS, Cardiovascular disease is the nation’s leading cause
2 of death and costliest disease, with direct and indirect costs
3 estimated to be \$297.7 billion dollars; and

4 WHEREAS, Cardiovascular disease accounts for one in three
5 deaths nationwide; and

6 WHEREAS, Nearly 2,200 Americans die of cardiovascular
7 disease each day, approximately one death every 39 seconds; and

8 WHEREAS, Nearly 33 percent of deaths due to cardiovascular
9 disease occur before the age of 75 years; and

10 WHEREAS, In the United States, an estimated 785,000 people
11 will have a coronary attack, an estimated 470,000 people will have
12 a recurrent attack, and an additional 195,000 “silent” heart attacks
13 will occur this year; and

14
15 WHEREAS, Approximately 8 million women in the United
16 States are living with heart disease, yet only one in five American
17 women believe that heart disease is her greatest health threat; and

18 WHEREAS, Ninety percent of women have one or more risk
19 factors for developing heart disease; and

20 WHEREAS, Nearly as many women die of heart disease, stroke,
21 and all other cardiovascular diseases than the next four leading
22 causes of death combined, including all cancers; and

23 WHEREAS, Only 16 percent of women surveyed in 2009
24 identified cardiovascular disease as the greatest health problem
25 facing them; and

26 WHEREAS, Common symptoms for women are different than
27 men and include pain of the jaw, arm, or back, but most women
28 reported a delay of anywhere from 15 minutes to two weeks before
29 seeking treatment after symptoms began; and

30 WHEREAS, The research is clear that there are preventive
31 strategies, as well as community-based strategies, that can increase
32 survival rates from cardiovascular disease; and

33 WHEREAS, February is designated as American Heart Month,
34 and Californians should learn the warning signs of heart disease
35 and stroke; and

36 WHEREAS, Go Red for Women is the American Heart
37 Association’s national call to increase awareness about heart
38 disease—the leading cause of death for women—and to inspire
39 women to take charge of their heart health; and

1 WHEREAS, Making the right choices relating to proper
2 nutrition, physical activity, and other healthy lifestyle choices are
3 essential to living a heart healthy life; and

4 WHEREAS, Wear Red Day is recognized nationwide each year
5 to highlight the Go Red for Women campaign; now, therefore, be
6 it

7 *Resolved by the Assembly of the State of California, the Senate*
8 *thereof concurring*, That the Legislature recognizes the month of
9 February 2012 as American Heart Month in California in order to
10 raise awareness of the importance of the ongoing fight against
11 heart disease and stroke; and be it further

12 *Resolved*, That the Legislature recognizes February 3, 2012, as
13 Wear Red Day in California, and urges all Californians to show
14 their support for women and the fight against heart disease by
15 commemorating this day by wearing the color red; and be it further

16 *Resolved*, That the Legislature urges public support for Go Red
17 for Women events planned in California during American Heart
18 Month; and be it further

19 *Resolved*, That the Chief Clerk of the Assembly transmit copies
20 of this resolution to the author for appropriate distribution.